MY FAMILY'S HEART HISTORY

FILL OUT YOUR FAMILY TREE TO CONSIDER IF YOU MAY BE AT RISK OF FAMILIAL HYPERCHOLESTEROLEMIA (FH).

Knowing your family’s heart history is important, as it is one of the factors in diagnosing FH, which predisposes a person to high LDL-C (low-density lipoprotein-cholesterol) and premature cardiovascular disease (CVD).1,2

Fill out your family tree to the best of your ability. If data is unknown, please put N/A.

DISCUSS WITH YOUR DOCTOR IF YOU:
• experienced a cardiovascular event
• have high “bad” cholesterol
• have a family history of early heart attack or stroke

References

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